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CERTIFICATE BY THE SUPERVISOR

This is to certify that the dissertation entitled "EFFECT OF VARIED INTENSITIES OF RESISTANCE TRAINING ON SELECTED MORPHOLOGICAL AND SKILL RELATED FITNESS VARIABLES AMONG COLLEGE MEN KABADDI PLAYERS" is a record of research work done by Mr. M. VIJAY AMIRTHARAJ, (Reg. No: 381) a Part time scholar of Doctor of Philosophy in Physical Education, Department of Physical Education, Tamilnadu Physical Education and Sports University, Chennai -600 127, during the year 2012-2015.

This dissertation is his original work and it has not previously formed the basis for the award, to any candidate, of any degree, diploma, associate ship or other similar titles. This dissertation represents, entirely an independent work on the part of the candidate, but for the general guidance by me.

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